


Reserving a Class













Reserve the group fitness class of your choice now directly through our online schedule. This will ensure you have a dedicated spot in our upcoming class offerings and also allow access to add yourself to a waitlist for a class or cancel your upcoming reservation.

Reserve Your Spot

Prev Week Day... Next Week (Print Schedule) Classes marked with a  require a reservation

[category] [location] [class name] [instructor]

Fri 4/17

Time	Title	Instructor	Studio	Category	Location	Description
4:00am-5:00am	Stick & Puck	Bill B.				Description 
4:00am-5:00am	Pilates	Austin B.		General	GXP Club - Fabie	Description 
5:00am-5:30am	Circuit Circus	Josh S.		General	CSI Birmingham	Description 
5:00am-12:00pm	 Indoor Cycling	Abbey B.		Yoga	CSI Birmingham	Description 
6:00am-7:00am	 BCSU  Sports Training	Staff	GX1	CardioStrength	GXP Club - Gray	Description Sign Up 
6:00am-7:00am	 Plyometrics for Beginners	Gerard R.		Strength	GXP Club - Fabie	Description Sign Up 
7:00am-8:00am	Strike!	Lucy T.	GX1	Dance	GXP Club - Fabie	Description 
7:00am-7:30am	Strike!	Josh S.		Group Ex	CSI Birmingham	Description 

Step 1: View our schedule on the website <https://ymcacky.org/schedules>

Step 2: Filter based on your preferences

Step 3: Look for the reservation icon  or 'Sign Up' by your desired class

Step 4: Select the icon or 'Sign Up' link to reserve your spot

Step 5: Log in or create an account to reserve your spot

Reserved a class before?

Log in using your email address and previously established password. Should you see an error message, select the "Forgot password?" link and reset your password. That reset will go to your email and provide instructions.

Login [Create a Login](#) [Forgot Password](#)

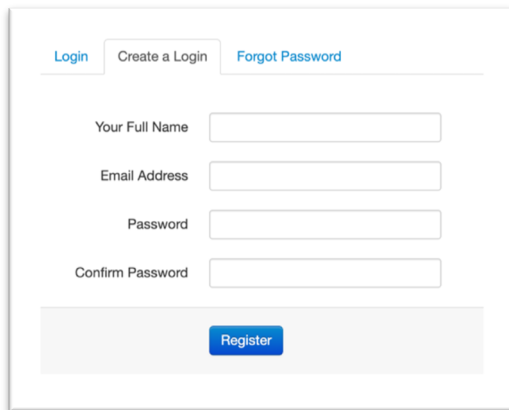
Please login below to sign up for your class. If this is your first time signing up, please [click here to create a login](#).

Email

Password

Login





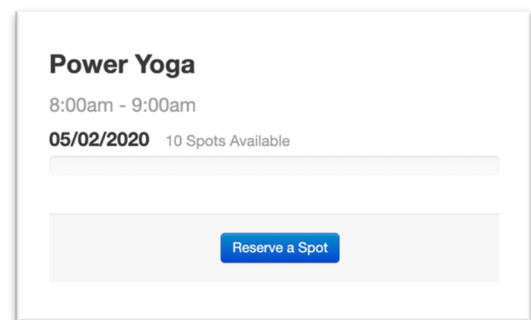
The registration form includes links for 'Login', 'Create a Login', and 'Forgot Password'. It contains four input fields: 'Your Full Name', 'Email Address', 'Password', and 'Confirm Password'. A blue 'Register' button is located at the bottom of the form.

Never used the reservation feature?

Register using your name, email address and password of choice. Registering for classes through GroupEx Pro is secure. Your account information will never be shared, and you will not be subscribed to receive promotional or marketing related emails. The only emails you will be eligible to receive are reservations-based communications.

Step 6: Reserve your spot

In this step, you will see the amount of spots available in the class, title of the class you are registering for and date & time that the class takes place.



The interface shows the class title 'Power Yoga', the time '8:00am - 9:00am', and the date '05/02/2020' with '10 Spots Available'. A blue 'Reserve a Spot' button is at the bottom.

Step 7: Receive email confirmation

After you have successfully reserved a spot in your desired class, you will receive an email confirming your spot.



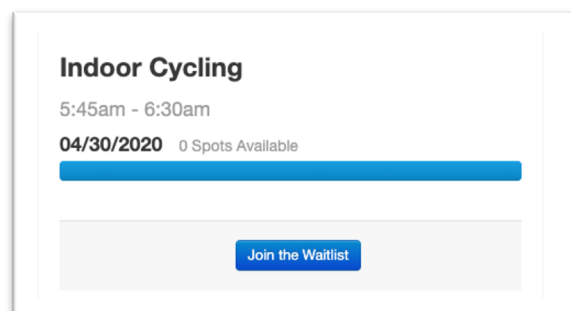
The email is from GroupExPRO.com to Maxie. It confirms a reservation for 'Hot Yoga' on '05/04/2020' at '9:00am'. The email ends with 'Thanks and we'll see you soon! GXP'.

Join the Waitlist

If a class is full when you go to reserve a spot, add yourself to the waitlist for a chance to get added to the exercise class if another member drops out.

Step 1: Select 'Join the Waitlist'

Step 2: Confirm you are on the Waitlist



The interface shows the class title 'Indoor Cycling', the time '5:45am - 6:30am', and the date '04/30/2020' with '0 Spots Available'. A blue 'Join the Waitlist' button is at the bottom.




There are two ways to **confirm you are on the waitlist**.

1. Check for a green notice (below) that will populate once you have successfully been added to the waitlist.
2. Check your inbox for an email notifying you that you have been successfully added to the waitlist.

Cancel Your Reservation

If you can not make it to a class after you have reserved your spot, be sure to locate the class you signed up for in your online schedule and cancel the reservation.

Step 1: Locate your online schedule and specifically the class you signed up for.

Step 2: Select the reservation icon  or 'Sign Up' by the appropriate class that you would like to cancel your reservation for.


Step 3: Select the 'Cancel Reservation' hyperlink to successfully cancel your reservation or waitlist request.

Step 4: Confirm cancellation

You will receive a red notice on your screen when your reservation has been cancelled and a confirmation email as well.


Reservations not open yet?

If you go to reserve a spot in a class and the reservation hasn't opened, you will see a notice of the exact dates that the desired class will be open for reservations.

Indoor Cycling
 5:45am - 6:30am
04/30/2020 0 Spots Available


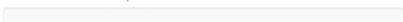
You are now on the wait list.

You are on the wait list for this class.
[Cancel Wait List](#)

Plyometrics for Beginners
 6:00am - 7:00am
05/01/2020 0 Spots Available


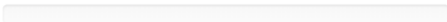
You have reserved a spot in the class.

You are currently signed up to attend this class.
[Cancel Reservation](#)

Plyometrics for Beginners
 6:00am - 7:00am
05/01/2020 1 Spots Available


Your sign up has been cancelled.

[Reserve a Spot](#)

Yoga
 9:06am - 10:06am
05/01/2020 20 Spots Available


This class is not yet available for sign-up. The sign-up for this class starts on 05/01/2020 at 8:06am.
 Current time: 04/28/2020 2:49pm

