



POWER SCHOLARS ACADEMY™
YMCA OF CENTRAL KENTUCKY



This report presents outcomes of Power Scholars Academy (PSA), a holistic learning experience that blends academics with enrichment, social emotional learning, and community service.

*Outcomes based on 326 scholars completing the program with 399 total scholars served.

Program Goals

- Provide a program that promotes academic development and career development
- Cultivate a healthy spirit, mind, and body in all scholars

Academics

Literacy and math skills gains are an important indicator of student success, and are measured via pre- and-post assessments.

+2.5 average reading gains in months **+3** average math gains in months

Growth Mindset

Scholars believe their most basic abilities can be developed through dedication and hard work, fostering a love of learning.

85% of parents reported improved abilities to overcome challenges **80%** of teachers said scholars exhibited growth mindset

Self-Confidence

An integral element that affects every aspect of scholars' goals.

88% of parents reported an increase in their child's confidence **77%** of teachers reported an increase in scholars' confidence **87%** of parents reported their child having a more positive attitude about school

Professional Development

PSA empowered educators with 21st century instructional skills and strategies they transit into the classroom in the school-year.

77% of teachers said PSA developed their professional skills **80%** of teachers said PSA was rewarding **97%** of teachers recommend PSA to parents

Parent Engagement

Weekly reports and events engaged parents in their child's education.

86% of parents became more involved in their child's education **97%** of parents were highly-satisfied with PSA **98%** of parents would recommend PSA to other parents

326
K-7 scholars*

81% ADA

5 weeks

STEM

5 days per week

25 hours of math **25 hours of literacy**

37 educators trained



“I love working for the Power Scholars Program!”
- PSA Educator

Enrichment



Enrichment courses were designed to foster critical 21st Century skills like teamwork and leadership, increase self-confidence, and expose scholars to new subjects, opportunities, and career paths. Scholars rotated through the following courses:

- Financial Literacy
- STEM
- Swimming

Field Trips & Community Engagement



Field trips and guest speakers supported learning by exposing scholars to diverse ideas, people, and places, and nurturing increased empathy, tolerance, and critical-thinking skills. Excursions and speakers included:

- Asbury Ropes Course
- BCTC & UK college visit
- Eckert’s Orchard
- Explorium
- Skyzone

School Partners



- Booker T. Washington – Arlington, BTW, Cardinal Valley, James Lane Allen, William Wells Brown
- Bryan Station Middle – BSMS, Crawford, Winburn
- Yates Elementary School – Deep Springs, Mary Todd, Northern, Russell Cave, Yates

Community Partners



- Central Bank
- Children’s Charity of the Bluegrass, Inc.
- City National Bank
- Dollar General Literacy Foundation
- Fayette County Public Schools
- Fifth Third Bank
- JP Morgan Chase
- LFUCG
- Link-Belt Excavator Company
- PNC Bank
- Toyota Motor Manufacturing KY, Inc.
- United Way of the Bluegrass
- Valvoline
- WesBanco
- YMCA of the USA

